

# Decent helpings.

Setting a local and regional agenda  
for food justice



**#170Days**

**@LindsayGraham**

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WINSTON  
CHURCHILL  
MEMORIAL  
TRUST

The  
Rank Foundation

# United Nation's Convention on the Rights of the Child

*Every young person has the right to a standard of living adequate for the child's physical, mental, spiritual, moral and social development'.*

## Child Friendly Version

*'You have the right to **food**, clothing, a safe place to live and to have your basic needs met. You should not be disadvantaged so that you can't do many of the things other kids can do'*



The UK Government is under a state duty to provide '*material assistance and support programmes, **particularly with regard to nutrition***'

# School and Food

Food provided within the school in term time

Has attached government standards and funding

Food education within the curriculum + citizenship

## ***HOWEVER***

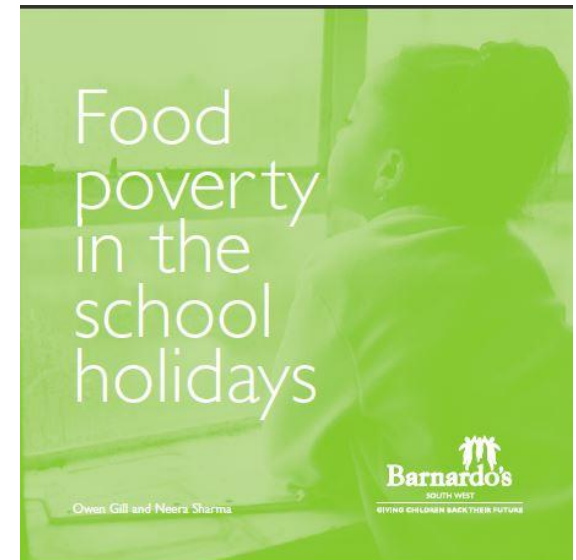
No provision of food outwith term time

No curriculum for UK food poverty

Children are aware of and living with food poverty

# Challenges for Families in Holidays

- ***FSM unavailable***
- *Pressure on family budget - debt, utility, food*
- *School readiness and learning decline*
- *Benefit delay ,sanctions*
- *Safeguarding risk elevated*
- *Access /availability to food*
- *Social contact diminished*
- *Family Stress*







# Summer Meals USA





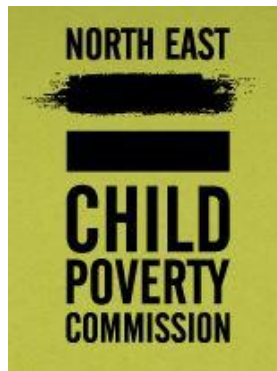
# Examples of Provision



[www.makelunch.org.uk](http://www.makelunch.org.uk)



<http://accordgroup.org.uk/articles/444-Holiday-learning-food-and-play-for-families-who-need-it-most->



<http://www.nechildpoverty.org.uk/>



East Renfrewshire



North  
Ayrshire

# Modelling Practice to Need

## Community Benefits

COMMUNITY BENEFITS



# Finally

*'We need stories to change hearts and data to change minds. Without both there will be no change'*

Debs Socia Next Century Cities Washington DC 2014



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'170Days' Report <http://t.co/1KpYE7Ls2U>